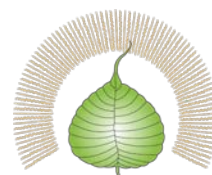


# Rangjung Yeshe Shenpen 2016 Annual Report



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## Shenpen Animal Welfare

*Many domestic animals are abandoned by families who cannot give proper care to the babies born to their pets, or were offspring to already existing street dogs and cats.*

**Shenpen Animal Welfare** is composed of two major projects: 1) a massive vaccination campaign; and 2) an emergency fund for stray animals.



### Massive Vaccination Campaign

In 2016, we sponsored the vaccination of 1,000 dogs in and around Boudhanath, Nepal. On the first and the last weekends of March 2016, the staff and volunteers of Street Dog Care held our joint anti-rabies vaccination camps. In four days, 1000 dogs in and around Boudhanath had been vaccinated. This massive vaccination camp cost Nrs 132,900, which means Nrs 133 (\$1.25) per dog.

Our annual vaccination campaign is also an occasion to share an awareness on the living conditions of stray animals. Therefore, brochures and information on animal treatment was given to the community. This aspect of the project cost Nrs 23,000.

Since 2011, C.H.A.N.C.E for Nepal (UK) has kindly provided the necessary funds for this project.

### Emergency Fund for Stray Animals

Every year, **Shenpen Animal Welfare** directs a part of their donations to pay for the emergency care of animals living on the streets of Boudhanath. In 2016, Nrs 80,528 was allocated to this fund.

In 2016, **Shenpen Animal Welfare** Emergency Medical Fund helped rescue four severely injured dogs.

**Table 1 – Dogs Treated with the Financial Support of Shenpen in 2016**

Dog's name	Health problem	Cost (in Nrs)
<b>Tsering</b>	Amputation of a leg due to a road	32,045
<b>Landhro</b>	Mange and malnutrition	9,350
<b>Peace</b>	Mange and dehydration	11,732
<b>Juni</b>	Ascites – accumulation of fluid in the peritoneal cavity	27,401
<b>Total</b>		<b>80,528</b>

## Shenpen Education

*“In a 2011 survey, literacy rates for Nepalese people over the age of 15 were merely 56.5 percent.”*

-- Lee (2016)



In 2016, **Shenpen Education** had two programs; our regular sponsorship program and a special Education project in Dhola, Dhading, where Shenpen was involved in the construction of 55 houses for the victims of the 2015 earthquakes.

## Shenpen Sponsorship Program

**Shenpen Education** sponsorship program was designed in 2005 to target the most needy students in the surrounding community. The program consists in providing educational scholarships to children, monitor their progress and their family situation, and visit them at their school.

Eleven children benefitted from the Shenpen sponsorship program in 2016. Six of them were supported by C.H.A.N.C.E for Nepal (UK) and five by Shenpen multiple donors.

In total, Nrs 217,994 (\$2,075) was invested in the education of the youth of Nepal, which means an average of Nrs 19,887 (\$189) per student.

In 2016, two of our sponsored students passed School Leaving Certificate. Both continued their further education in Class 11.

## Education in Dhola

In 2016, **Shenpen Education** got involved in a new educational project outside the Kathmandu Valley. This project consisted in supporting the education of 65 school age children of 55 poor families in Dhading.

**Shenpen Education**, with the financial support of C.H.A.N.C.E for Nepal (UK), sponsored a daily and healthy snack for each student. In this project, 274,376 Nrs (\$2,638) has invested for the sake for the students.

With the donations gathered by **Shenpen Education**, we helped the 55 families by covering the costs related to their children's attendance to school. We provided to each family financial support to cover the school-related fees of examination and admission fees for a total of Nrs 59,400. On top of this, Shenpen distributed stationary to the students (a value of approximately 100,000 Nrs). This included pens, pencils, color pencils, note and exercise books, geometric boxes, etc.

## Shenpen Elderly

*Lack of affordable elderly care, change in family structure and absence of a pension system result in more and more elderly people without care and having to live on the streets.*



In 2016, **Shenpen Elderly** invested in three principal projects for the elderly in Nepal; a food program at Mata Tirtha Old Age Home (MTOAH); A health camp in MTOAH, and eye camps for the elderly around the Kathmandu valley.

## Food Program at Mata Tirtha Old Age Home

**Shenpen Elderly** sponsors a daily hot meal for the residents of Mata Tirtha Old Age Home. Yearly, the project necessitates Nrs 216,000 (\$2,055). This means that we offered around 8,760 meals to 24 elderly women. One meal costs an average of Nrs 25, or less than \$0.24. This program is sponsored by Tashi Delek – Germany.

## Medical Check Up and Dental Camp at MTOAH

Every year, health professionals volunteering for Shenpen organize a health camp in MTOAH. In 2016, two nurses visited and monitored the mothers of the Old Age Home. Different health problems were found, such as emphysema, schizophrenia, low blood iron, and high blood pressure, and medicines were prescribed.

Two dental camps were also conducted at Mata Tirtha Old Age Home. To cover the different necessary treatments for the 24 elderly women in this home, Nrs 36,000 was invested for two dental extractions, partial dentures, scaling, and root canal treatments.

## Four Eye Camps

In February 2016, with the assistance of Nepal Scouts, **Shenpen Elderly** offered, three eye camps in Kakani, Mata Tirtha Old Age Home, and Pharping. In November 2016, a fourth eye camp was conducted in Sundarijal.

1,448 patients have been screened and different problems were identified. **Shenpen Elderly** contributed to restore the vision of 110 elderly people who received free cataract surgery. By investing Nrs 65,000 (\$600), which represents an investment of Nrs 45 (42 cents) per screened person, we reached 110 elderly people who received a return on their autonomy with this free cataract surgery.

These eye camps were possible due to our collaborative work with:

- Tilganga Eye Hospital
- Gokarneshwor Nepal Scouts
- Nepalese Army personnel
- Guinness School, Sundarijal, Nayapati



**Shenpen Elderly** Eye Camps are sponsored by Tashi Delek- Germany.

### Mother's Day Celebration at Mata Tirtha Old Age Home

Every year, the Shenpen team tries to celebrate some festivals with the mothers of Mata Tirtha Old Age Home who do not have families. In 2016, we celebrated Mothers at MTOAH. We shared a cake, distributed sweets and gave some presents to these elderly women. 8000 Nrs was invested in this celebration.

### Shenpen Health

*Nepal has a population of over 28 million people, most of whom have no access to adequate health care.*



### Kanti Children's Hospital – Burns Unit

**Shenpen Health** has a long-term program in the Burns Unit of Kanti Children Hospital. Twice a month, we try to smooth the suffering of the small patients by distributing goody bags to each of them. With the financial support of C.H.A.N.C.E for Nepal (UK), we delivered 283 goody bags in 2016. This program costs Nrs 35,400, or Nrs 160 per child.

**Shenpen Health** is also responsible to arrange the playroom at Kanti Children's Hospital. This year, friends of Shenpen offered different toys and stuffed animals, which were added to the playroom. These donations came from Australia, Hong Kong, England, and the USA.

**Shenpen** receives children's' clothing on a regular basis, and some of the clothing is distributed to the young and disadvantaged patients of the Burns Unit. Four times a year, **Shenpen Health** distributes clothes to 20 to 25 poor children patients of Kanti Children's Hospital. To each child we provide an average of two outfits. This program is made possible by different friends of Shenpen who collect clothes for us.

## Shenpen Skills Training

*The recent war in Nepal and rapid urbanization has left many poor people, mainly women, struggling to find ways to care for their families.*



### Skills Trainings with Women's Cooperative Society (WCS)

In 2016, **Shenpen Skills Training** funded different skills trainings organized by WCS. Eight trainings were offered; four seasonal farming trainings and four advance off-seasonal trainings. Trainings were held in different places in the Kathmandu Valley: Thankot, Balaju, Jorpati, Bhardeau, Chapagaun, and Swechatar.

This year, Nrs 467,760 was invested in these professional trainings reserved for women, benefitting 184 women in all. The average cost for training each woman was Nrs 2,540. **Shenpen Skills Training** estimates that following the training, women's income increased by 20 to 30%. These trainings seem to have a direct impact on the social and economic level of women. Children of these empowered women benefit directly from the trainings, for the main concern of these mothers is to offer a sound education to their children. C.H.A.N.C.E for Nepal (UK) has supported this program since 2009.



## Shenpen Street Children

*"Street children are lovely blossoms just dropped from the tree after a heavy storm. Now they need to be put together with a needle and threads of security and shelter to live into a beautiful circle of life's garland"*

-- Munia Khan



Until April 2016, **Shenpen Street Children** supported 23 children living in Papa's Home by funding the food as well as one recreational activity per month.

From January to end of March 2016, Nrs 150,000 (more or less \$500 per month) was spent on food, and Nrs 5,388 for the recreational activities. This program was sponsored through our partnership with C.H.A.N.C.E for Nepal (UK).

## Shenpen Post-Earthquake Program

*"Who ever is interested to help, it is a great gift [...], for whom really needs it: poor, young, very young. They have nowhere to stay.*

*With many of you, let's work together!"*

-- Chökyi Nyima Rinpoche (2016)



## Rebuild Homes | Heal Hearts project Post-Earthquake Reconstruction Project in Dhola

During 2016, with the support of Ka-Nying Shedrub Ling, Rangjung Yeshe Shenpen invested, a total of 31,806,578 Nrs in a post-earthquake reconstruction project in Dhola in the district of Dhading. This sum was spent between January 12 and December 18, 2016.

Shenpen provided steel rods, cement, sand, concrete, and tools and equipment for the construction of 55 houses. We also covered all the expenses related to the transportation of construction materials. Shenpen also obtained approval for the project from the National Reconstruction Authority. Finally, Shenpen, with the support of NKSL, provided technical assistance on a regular basis and conducted monitoring visits to ensure the quality of the construction of the houses.

## Shenpen Special Projects

*"No act of kindness, no matter how small, is even wasted."*



In 2016, Rangjung Yeshe Shenpen held multiple special projects. We distributed clothes, food, and school supplies and sleeping bags.

## Clothes Distributions

In 2016, Shenpen organized several clothes distribution. One was held in Pashupatinath, two others in Dhola (Dhading) and four in the Burns Unit of Kanti Children's Hospital.

Shenpen distributed warm clothes, such as jackets, sweaters, and blankets to street beggars of Pashupati suffering from the cold wave on Dec 20, 2016. Shenpen gratefully thanks Ayelet Idan and her friends in Hong Kong, for collecting good quality clothes and arranging for them to be delivered to Kathmandu by the generous help of Ian McCarroll, a pilot with Dragon Air, whose invaluable support has made these clothes distributions an ongoing success.

Shenpen also distributed clothes in Dhola (Dhading). Chinese donors kindly offered a warm jacket to every child in Dhola as well as warm leggings and hats to the mothers and fathers.

Another friend of Shenpen offered 76 hand-knitted sweaters that were distributed to the children in Dhola in December.

### **School Supplies and Sleeping Bags Distribution in Salme, Nuwakot**

During the winter, Rangjung Yeshe Shenpen distributed 75 sleeping bags to the elderly of Salme, a VDC of Nuwakot. They were offered by the SARAF Foundation.

In the meantime, we also distributed school supplies (pens, pencils, color pencils, notebooks, etc.) for the students. One lakhs (\$1,000) was invested in this distribution. Another distribution of school supplies was held in Dhola (Dhading).

### **Food Distributions**

American donors kindly sponsored a hot meal for all of the workers involved in the reconstruction of the Boudhanath Stupa. This activity was conducted in September.

Finally, Shenpen, with the help of KNSL, also distributed food to the villagers of Dhola.

## Financial Report

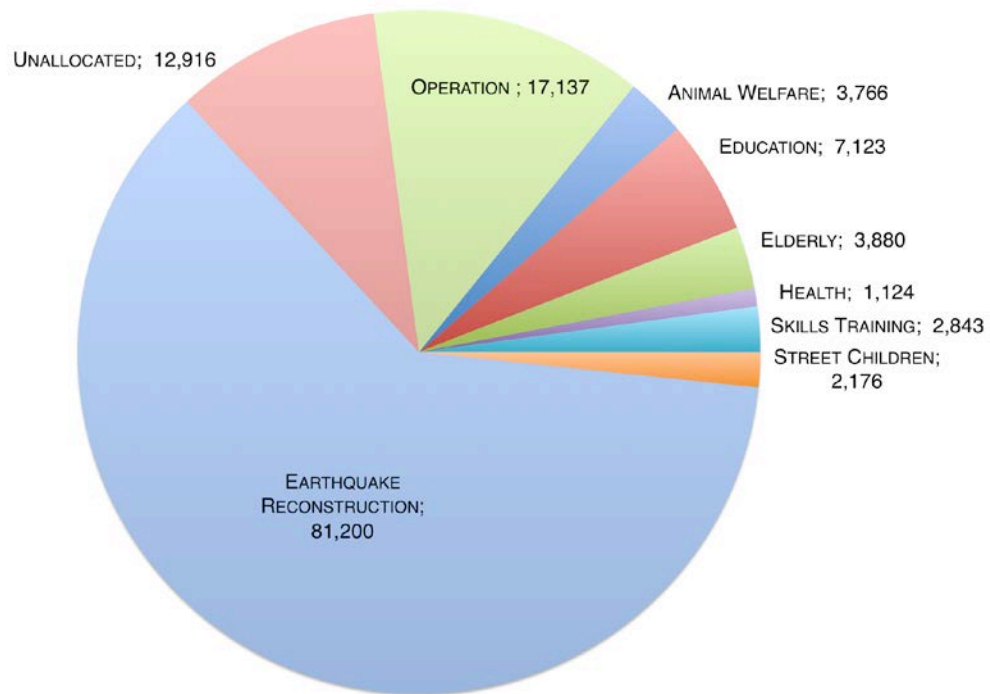
*"Truth never damages a cause  
that is just."*

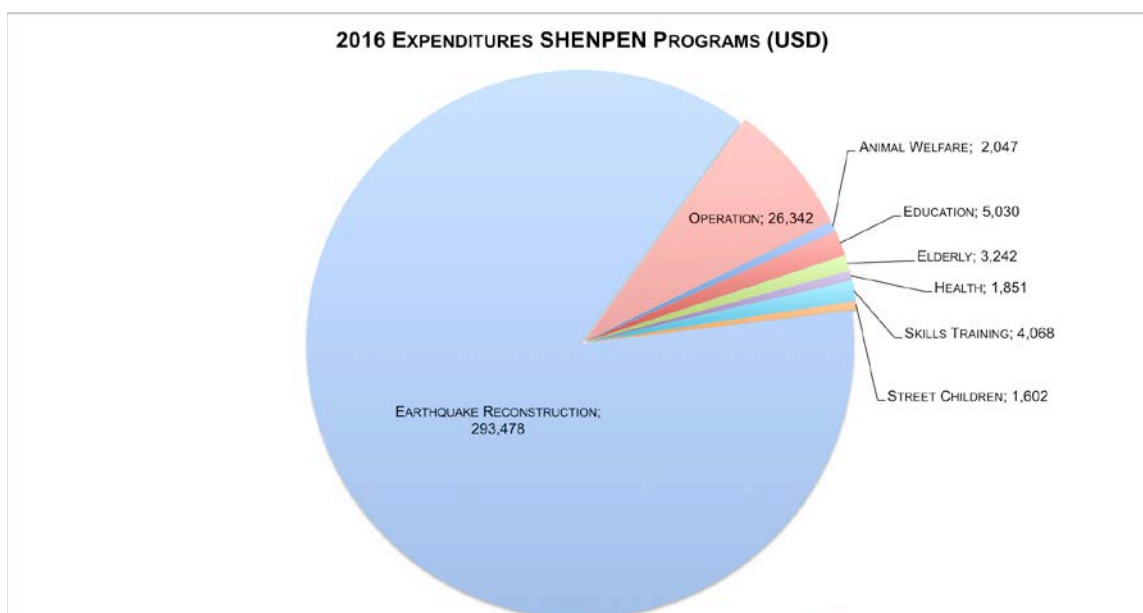
-- Mahatma Gandhi



Shenpen operates under the principals of transparency and good governance. Here is a summary of our financial year in 2016.

### 2016 SHENPEN DONATIONS PER PROGRAMS (IN USD)





Rangjung Yeshe Shenpen spent more in the post-earthquake reconstruction project in Dhola than it received in donations. As indicated on the graphics above, in 2016 Shenpen spent \$293,478, but received, during the same fiscal year, only \$81,200.

Before starting this project, Shenpen had \$74,634 from its 2015 relief and reconstruction donations. This sum was added to the 2016 donations and spent on the reconstruction, which reduced the deficit to \$137,644.

By the end of 2016 this project was not yet completed, but Shenpen will keep fundraising in order to cover all the expenditures related to the post-earthquake reconstruction project in Dhola. In the meantime, the funds needed to complete the project are advanced by Ka-Nying Shedrub Ling.

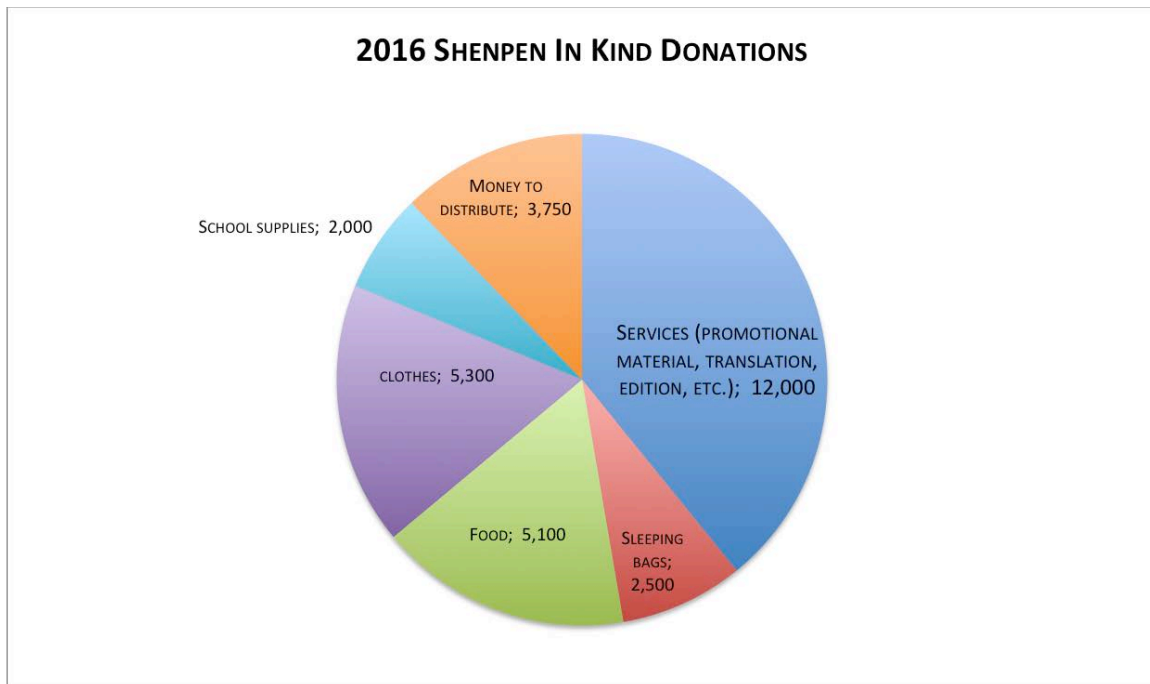
Comparing the donations and the expenditures chart, the attentive reader will notice that **Shenpen Skills Training** also spent more than its income: in 2016, **Skills Training** Committee received \$2,843 and expended \$4,068. The unbalanced situation is explained by the fact that following the 2015 earthquakes, **Shenpen Skills Training** was not able to conduct trainings. Therefore, the 2015 donations have been used in 2016 and **Shenpen Skills Training's** sponsor, C.H.A.N.C.E for Nepal (UK), gave, in 2016, the remaining amount necessary to cover the fees of our 2016 **Skills Training** programs.

Finally, the same unbalanced situation appears in the **Operation** budget. In 2016, Shenpen allocated \$17,137 for its operation expenses but spent \$26,342. The difference of \$9,205 was covered by a surplus accumulated through previous years.

Operation fees include: salaries, contractual charges, printing and copying, transportation, supplies, telecommunications, etc.

## In-Kind Donations

Every year, Shenpen receives in-kind donations. Sometimes, these donations are a service (production of promotional material, translation, edition, etc.) and other times it comes in the form of goods, (sleeping bags, food, clothes, school supplies, etc.). We evaluate what we receive, and in 2016 approximately \$30,050 was received as in-kind donations.



We would particularly like to thank:

Crystalline Randazzo-Kline  
 Mark Lungociu  
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 Ayelet Idan and friends  
 Saraf Foundation  
 Jenia Morozova  
 Michael Eisenbach  
 Tilganga Hospital

Cady Allione  
 Martha Ambrose  
 Carole Gendron  
 Ian McCarroll  
 Olga Lasota  
 Tatiana Tagle  
 Nepal Scouts



## Shenpen on Different Social Media

Throughout 2016, Rangjung Yeshe Shenpen's team worked on its marketing strategies by being more present on different social media. This year, we produced eight newsletters/e-letters:

- Review of 2015;
- Shenpen Education e-letter;
- Shenpen Skills Training e-letter;
- Shenpen Elderly e-letter;
- Four e-letters related to Shenpen Post-Earthquake Reconstruction Project in Dhola



Throughout the year, we went from 472 people subscribers to 782 as of December 26, 2016.

The number of “likes”, on Rangjung Yeshe Shenpen Facebook page also significantly increased, passing from 3,879 at the beginning of 2016 to 4,710 by the end of the year.

Compared to previous years, Shenpen has also been more present on Twitter, publishing most of the related post-earthquake reconstruction project in Dhola on this social media.